



Official Newsletter of the Superior Optimist Club



April 2017



PRESIDENT - Dave Cochrane

President's Message:

When April arrives our hearts are usually full of thoughts of renewal and fresh beginnings. These are the days when the sun is shining... it may bring us April showers but the warm showers are refreshing and invigorating because we know the sunshine will return soon. April is named for the Greek goddess of love, Aphrodite.

Here are a few interesting things about the month of April along with some events that will occur this month:

- National child abuse prevention.
- Autism prevention.
- Volunteer recognition.
- Easter Sunday.
- Administrative Professionals day (26th).
- The daisy, which symbolizes innocence and the sweet pea are the flowers for April.
- The diamond is the birthstone for April.
- William Wadsworth, English poet was born April 7, 1770.
- Noah Webster copyrighted the first edition of his dictionary April 14, 1828.
- Leonardo da Vinci, Italian painter, sculptor and scientist was born April 15, 1452.
- George Washington was inaugurated as the first president of the United States of America on April 30, 1789.
- The Vietnam War ended on April 30, 1975, when South Vietnam surrendered.
- April is one of only four months that has exactly 30 days, the others are June, September and November.

6 Things Optimists Do Differently

WRITTEN by MARC CHERNOFF

People who carry an optimistic outlook are typically healthier and more productive than their pessimistic peers. They catch fewer colds, cope better with life's daily struggles, and may even live longer due to reduced levels of stress.

1. They make optimal use of all available options.
2. They respect themselves for who they are.
3. They disconnect happiness from achievement.
4. They avoid negative people and create positivity.
5. They expect life to be a series of ups and downs.
6. They use positive language and gestures.

Dave Cochrane



APRIL 5

Club Business and Board meeting

MAY 9

Meatball Dinner

Appreciation and Attendance

Our member attendance average for 2017 at weekly meeting has increased to 12 not counting students, speakers and guests.

Thanks to Kim Pearson for the March speakers, Scott Sommer for attendance prizes, and Jan Jago for Reflections.



PROGRAMS FOR April



April 5

Business Meeting
Stuff the Easter Bags day!

April 12

Sam Kline (Senior Project)

April 19

Katelyn Wiitala (Senior Project)

April 26

Jack Sannes (Senior Project)

Superior Optimist Club Board Meeting - March 15, 2017 - 1pm at VIP DRAFT

Attended by: Dave C. Scott S, Tom S., Kim P., Jan J, Danna.

Approval of Minutes: Motion by Kim, seconded by Scott, approved.

I. Correspondence

- a. Letter from WITC asking if we are approving the annual Scholarship for \$375. It is already in the budget so there is no need for approval.

II. Finance report from Colleen

- a. The report states that there is an enrollment charge- \$15 one time charge. The two new members are short this \$15.
- b. There has been very little change in the budget. She has removed the names of several members who have left the club and is wondering about some others. Kim will follow up with some, Dave will follow up with a few as well.
- c. Members are encouraged to find clubs or organizations that fit the Optimist Criteria that we could give money to.

III. Membership Growth

- a. We have two new members.

IV. Publicity

- a. Website has been updated.
- b. We need more people to post on Facebook.
- c. Kim suggests we should be more active on Facebook and perhaps eliminate the Website. We would save money and have more eyes on Facebook.

V. Service Projects

- a. Would like to invite more "at risk" students to lunch. Joel, Barb, Kim and Rocco will meet next week to discuss how this can be done beginning this summer.
- b. Jan would like to make 50 Easter bags to hand out to Boys and Girls. The bags would contain a little candy, but other things such as crayons, toothbrushes etc.
- c. Kim made a motion that the Club put \$100 towards this project, and others can donate as well. Motion seconded by Scott, motion carried. Jan will get the bags and supplies. On April 5, they will be brought to lunch and we will stuff the bags together.
- d. Jamaican Orphanage Project
- e. Tom made a motion to donate \$250 to the project. This money will go to Danna who along with her daughter and her friend will be bringing supplies to the Orphanage. Seconded by Scott. Motion passed.

VI. Meatball Dinner

- a. Kim has ordered tickets
- b. No new news at this time. Letters will be sent out for businesses to donate for supplies or Angel tickets.

VII. Pancake Breakfast

- a. No news- probably not till mid-summer.

VIII. Officers for 2017-2018

- a. Carolyn is President-Elect
- b. Others are encourage to run for offices or the Board.
- c. Board meetings:

VIP has asked us to move our Board meetings to the 1st or 3rd

Wednesday of the month, due to a conflict with another party needing the room.

The next Board meeting is scheduled for April 5th at 1pm.



March Youth Optimist - Josie Goad

Josie Goad was the Youth Optimist for the month of March. She is very active on the Superior High School dance team, and currently serves as the team captain. She is also involved in theater and will be in the upcoming production at SHS. She is on the "staff" for the Spartan Spin newspaper and is a member of the Superior-Douglas County Youth Leadership Program.

Josie is the daughter of Jeremy and Michelle Goad. She has two sisters, Sophie and Cassie, and plans to attend college but has not settled on a major at this time. She is thinking she would like to be an English teacher or a Physician's Assistant.

Reflections by Kim Pearson

I will reflect on something any parent can relate to, and that's how those little buggers (children) can completely consume your life!

For me, it's a demanding third grader and a high school hockey player. Now, after more than four months of continuous running, the hockey season has come to an end. But has it really?? No. There is always another tournament on the horizon, and track season has just begun!

I begin to wonder... does everyone's house look like mine? The carpets are dirty, the windows are filthy, and we have so many dust bunnies they've become a colony.

My husband assures me that none of those things are important. One thing he's said that always sticks with me is this: "Will you look back and wish you'd spent more time cleaning, or more time with us?"

Well played, Mr. Pearson.

Remembering that redirect helps me through most days – those times when I'm staring at the windows and wondering if the grime was caused by paw prints, nose smudges, hand prints or some sprayed beverage or other food I don't want to know about. On those days, the reminder helps me to walk away and go outside or just sit down.

However, I will also have some days when nothing will stop me from cleaning. No amount of advice or "mom" requests will keep me from the housework. When that happens, I inevitably look back on the time with guilt and remorse.

For example, I recently took half a day off to spend with Mitchell on his spring break. He was fine with me working on my computer during the morning, but then it was "his" time and I started doing things like laundry, dishes, and floors. I even recruited his help with the windows, but he'd finally had enough. All he wanted was for me to spend time with him – it could've been on the couch with a movie or playing Uno. He didn't care what we did; he just wanted my time.

What had I done?? I can't get those hours back! Sure, the days of childhood are messy and incredibly busy, but they're also undeniably precious and short.

My message to all of you is this: embrace the filth and cherish the days. Whether it's your own children still at home, grandchildren or other little ones over for a visit, remember the chores can be done anytime. With children in our midst, we have the opportunity to learn. They are so wistful and wise – they have the right focus of enjoying all the little things in life; we're the ones who've been messed up over the years.

So if any one of you comes to visit me, keep all this in mind!! Thankfully, I do have a day coming up soon when everyone will be off doing something else. I have a day to myself! You might wonder what I will be doing: shopping, pampering, or time with friends?

HA! You'll catch me at home, pushing a vacuum, decolonizing the bunnies, shaking rugs and maybe even painting the walls. Guilt free.



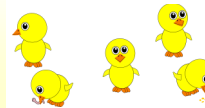
Dick Keskinen - 4/15
Colleen Tuura-Wicklund - 4/19
George Glonek - 4/26

SPEAKER CHAIR

Jan Jago

PRIZE SPONSOR

Kim Pearson



Attendance Prize Winners

3/01 – Jasmin Burt
3/08 – Bruce Thompson
3/15 – Charlie Place
3/22 – Gary Dunning
3/29 – Kim Pearson



Keep in your Thoughts/ Prayers

All of our members, their families, and friends of the Optimists for a happy & healthy spring.



March Optimist Anniversaries

George Glonek, 17 years
Kelly Thimm, 17 years



Assistant Editor Judy Carlson



In Loving Memory of Merrill Thompson & Bill Downs, Jr.

Optimist Creed

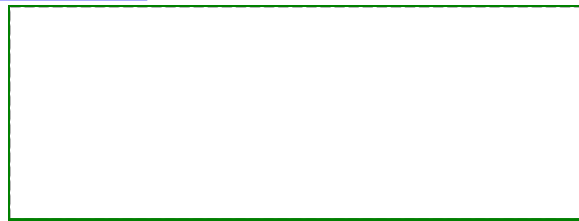
Promise Yourself

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

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Mission Statement
The Superior Optimist Club fosters positive fellowship and community awareness to inspire and support youth.

Superior Optimist Club
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