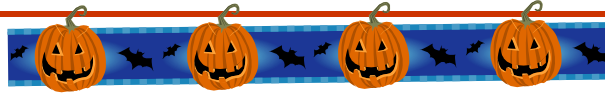




PRESIDENT ELECT- Dave Cochrane



I am thinking that since I am going to be installed in October that I need to reflect on the task ahead. In the words of Lawrence Peter ("Yogi") Berra, a former New York Yankee catcher and coach, "You got to be careful if you don't know where you are going because you might not get there"

The Mission statement of Optimist International is "By providing hope and positive vision, Optimist bring out the best in youth, our communities and ourselves." Since we in Superior are one of the 2,500 clubs in the world and 45 of the 70,000 members, how do we advance the mission? What can change, what should stay the same? Be creative, share your ideas, where are the opportunities? I am not suggesting that we need to do more but how can we be more effective in what we are already doing to advance our mission. We can collect any suggestions through the current board members or send them to me at dgc55@aol.com.

I am looking forward to the coming Optimist Club year. A friend of mine recently suggested that I have some fun in retirement and I hope we can all have some fun in the next year as we participate in the club and its activities.

Dave Cochrane
President elect
October 2016



Brian Hakanson, 10/23
Danna Livingston, 10/26
Bruce Thompson, 10/28



Oct. Optimist Anniversaries
Toby Marcovich, 56 years
Troy Lambert, 11 years
Charlie Place, 10 years



Keep in your Thoughts/Prayers
Dick Keskinen (shoulder surgery)
Tom Strewler's wife
Anita King in her new home

MARK YOUR CALENDARS

October 12
Meeting moved to WITC,
Joining Rotary

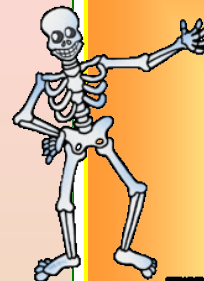
October 15
Spooktacular 11:30 - 2:20

October 18
Installation Banquet
6 PM at Epic

October 19
Board Meeting - 1 PM at VIP

October 25
Pulling the plants
Central Park Garden - Noon

Nov. 4-5:
WINDUM District 1st Quarter
Conference, Marshfield



PROGRAMS FOR October **SPEAKER CHAIR** & **PRIZE SPONSOR - Dave Minor**

October 5
Jake Siproth
Superior-Douglas County
Youth Leadership
event

October 12
Joint Meeting with Rotary
At WITC-Superior

October 19
Kerra Thimm

October 26
Daniel Fanning - Update on UWS

Assistant Editor Judy Carlson

*In Loving Memory of
Merrill Thompson & Bill Downs, Jr.*



Member Spotlight - Hugo Salmi



Personal Info/Background

Hugo W. Salmi Born in Hancock, MI - a long, long time ago. Married to Joan M. Salmi for 52 years 1 son, Earl; 1 daughter, Wendy, and several "adopted" granddaughters. Worked at CHS Grain Elevator (next to the high bridge) for 42 years.

Optimist History Highlight

I have been a member of the Superior Noon Optimists for over 20 years - I was influenced by Gale and Mary Millard. I was on the Board of Directors for the first 5 years. I was presented the Optimist of the Year award for 2002 - 2003. I was part of the committee that started the garden in Central Park. At that time it was with the children going to Blaine. The best advice I can give to the members is get involved with the kids, as much as you can. They will help you keep young.

Core Beliefs – What is most important to you? What is one of your proudest moments?

I am most passionate about working with the kids. For 21 years, I tutored kids at Blaine, Patterson, and Northern Lights. Worked the garden at Central Park with them. Also worked the Food Shelf and cleaned parks with them. I also built the garden at Heritage Park with the Skate Park kids.

What is something most members wouldn't know about you? Highlight

I once knew one of the oldest survivors from the Titanic. Maude Sincoc-Roberts was a second class passenger. She lived across the hall from my mother, Mayme Salmi, in a Senior High-rise in Hancock, MI.

Fun Stuff

For our 25th Wedding Anniversary, Joan and I went on a cruise down the Mississippi River on the Delta Queen. We also had traveled to Seattle, WA; Las Vegas, NV; New Orleans, LA; Atlanta, GA; New Port Richie, FL; to the Soo Locks a couple of times; traveled around Lake Superior; and made several trips to Thunder Bay. I guess my favorite stars are John Wayne and Gregory Peck. Don't really have a favorite movie. My favorite saying changes, and my favorite season is when I don't have to mow the lawn or blow the snow.



Reflections: by Dave Minor

Wednesday, July 22, 2015 at 12:30 pm - the date and time are probably no different than any other day for you. For me, it was the day that I learned our medical community is simply outstanding and as far as I am concerned, second to none.

Let me tell you my story. I know you're all aware that the medical community has an amazing staff from top to bottom. However, in this day of instant communication, which is usually negative, I wanted to take the time to share something positive about the great people who work at Essentia Health.

On that fateful day, I took a seven foot head first fall from a platform. You would think falling only seven feet one couldn't do that much damage to oneself. That was the first time of many over the next few days where I really misjudged the damage I had done to myself. Growing up with a father who worked as a paramedic, my first instinct upon waking up from being knocked unconscious was to do a quick one-over of myself before the folks I was with got to me. I could move my legs and arms, I really had no pain and except for, what I thought was a small cut on my head, I believed that I would go home that night. And, be ready to take our Youth Leadership group of 94 high school and college students to Walt Disney World the following Monday for leadership training. Boy did I have no idea how much my life would change from the next few hours to the next 14 weeks and beyond.

Growing up I seemed to be in the emergency room all most every other week or Doctor Heisel, for those who remember him, he still made house calls to put me back together for whatever I did to myself that week. There was a period between ages 6 - 8 that the nurses started running a pool with what injury I'd come in with next. Well this time was a little different, not the care I received but the injuries. From the minute I was rolled into the emergency room, I received the most unbelievable care a person could ever ask for. As my team of angels started figuring out what I had done to myself, I learned I had fractured my C2, C3, C4, C5 and T1, T2, T3, T4, T5, T6 and T7 vertebrates, shattered my left wrist - I'm now the proud owner of a stainless steel wrap around plate and had bi-lateral fractures in my first and third rib. If that wasn't enough, once they cleaned out all of the rocks I had driven into my "little" cut I thought I had in my head, well that required 22 staples to close. My lovely wife can now confirm to folks that yes, I DID have rocks in my head. My mother would tell me, "David, if you're going to do something than do it right." Yes, Mom, I did it up right!

One of the first things I was asked by several people after the incident was who was my guardian angel? I always knew my parents were looking down on me, but that day I found a few more guardian angels. The only difference being these angels just happened to be here on Earth and working for Essentia Health. It started in the ER; where the first person to see me was Roger Regnier, RD-ED, and then stepped in the rest of the team that helped put me back together. The amazing staff included: Dr. Jay Shoaps, Trauma; Dr. Jefferson Davis, Orthopedic; Dr. Kenneth Tonymon, Neurosurgeon; Annette Barker NP; and Dr. David Pipho. Dr. Pipho gave me the best news when came to my room and asked me if I was ready to go home after a wonderful four day visit.

Many of us go to work each day, and if they're fortunate like I am, love their jobs. If that is the case, life is good. But these folks and the many nurses, techs and staff that I cannot remember (apparently falling on your head can cause some memory problems,) do so much more than go to work each day. While I may not remember each and every one of them, I can tell you that there was not a single person who did not give my care 110% effort. Several even went well beyond that, staying beyond their shift's end to make sure I was doing okay. To say that I received excellent care that day and the many days to follow is certainly an understatement.

I know that all the people I mentioned and those that I can't remember didn't go into medicine for the recognition or a pat on the back, but if you would for me, please give them a pat on the back and let them know how much this one patient appreciates them and what they do. Because without them, I wouldn't have been able to write you this letter.

Optimist Creed

Promise Yourself

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

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Our website: www.superioroptimist.org

CHECK US OUT

TRICK



TREAT



The Superior Optimist Club fosters positive fellowship and community awareness to inspire and support youth.

Mission Statement

Superior Optimist Club
P.O. Box 1143
Superior, WI 54880

